



Attention Parents of Pre-Teens and Teens!

Do you need help with...

- How to talk with your teen about violence, sex, alcohol, & drugs
- Current teen issues
- Solving problems *together*
- Reinforcing your teen's courage and inner strength
- Building your teen's sense of responsibility
- Communicating effectively (with or without your teen's assistance!)
- How to discipline teens
- Plus you'll meet many other parents just like you.

This acclaimed parenting program offers a proven approach to working with adolescents. The six sessions combine video and discussion

The teen years are filled with change—and challenge.

**Arm yourself now
with skill to make the transition smooth
for both your teen and yourself!**

The 6-week course will be offered

Tuesdays, beginning March 1

Time: 6-8 PM

Location: RMCC

Building on the corner—1st Room to the Right.

Call 1-479-637-0002 to register—

Leave your name and phone number please.

Only cost is \$15 for a book you keep.

Sponsored by SCHEC

(Scott County Health and Education Coalition)

